

*Eden Aldrich, RCP*

**STANDING ORDER**

**FIRST AID FOR SEIZURES**

**I. GRAND MAL – Generalized Tonic-Clonic Seizures**

**A. During the seizure:** The person may fall, stiffen, and make jerking motions. A pale or bluish complexion may result from decreased oxygen levels from respiratory depression.

1. Help the inmate into a side lying position, place a rolled blanket under head and behind their back for support (right side is best for potential vomiting or pooled oral secretions).
2. Clear area of any hard or sharp objects.
3. Remove glasses and loosen tight clothing.
4. Do not force anything into the mouth.
5. Do not try to restrain the person and allow the seizure to complete course.
6. Do not preform CPR.

**B. After the seizure:** The person will be confused and disoriented. Have deputy assist for safety.

1. Continue to keep the person on their side.
2. Do not offer the person any food or drink until fully alert.
3. Allow the person to rest; do not leave the person alone until fully alert and stable.
4. Notify Facility Provider and place in Medical under 24 hour observation.

**C. Call EMTs if:**

1. The inmate has difficulty breathing after the seizure.
2. The seizures do not stop, inmate does not regain consciousness.
3. First seizure with unknown cause.

**II. PSYCHOMOTOR, TEMPORAL LOBE (Complex-Partial Seizures)**

**A. During the seizure:** The client may have a glassy stare, may not respond when spoken to, or respond inappropriately, may fight when sitting or walk aimlessly, make chewing or smacking sounds with mouth, appear to be drunk or intoxicated, act psychotic or even lash out at those trying to assist them.

1. Remove any potentially harmful objects from around the inmate, or coax them away from harmful objects.
2. Do not agitate the person.
3. Do not restrain the person.
4. Remain calm if the person appears angry or aggressive.
5. Allow deputies to assist with safety.

**B. After the seizure:** The person will be confused and disoriented after the seizure and should not be left alone until stable.

1. Notify Facility Provider, and place in Medical for 24 hour observation.